

BUILD HOMES AND PLANT GARDENS

Provide large building blocks, fake plants, play food, and toy building and gardening tools for preschoolers to play out building houses and planting gardens. Encourage children to work together. Place the plants in rows and add play fruits and vegetables to "harvest."

Say: In our stories, God's people had to leave their homes and build new ones in a foreign land. They left captivity and went back to the promised land! The people of Israel were obedient to the Lord. They even planted gardens to grow their own food. God told them to build houses and plant gardens because they would be there for 70 years!



BUILD-A-CHARACTER

One person starts by giving the character one feature.

"This person has blue hair."

Going around the table, each person adds one new detail about the character.

- "...and giant feet."
- "...loves eating ketchup on ice cream."
- "...only speaks in pirate voices."
- "...has a pet giraffe named Kevin."

Once everyone has added something, the group gives the character:

- A **name**
- An **occupation** (optional)
- A **special talent** (optional)

Then start over and create another character. Make as many as time allows—or as many as your imagination can handle!



JEREMIAH 17:7 (CSB)

"The person who trusts in the Lord, whose confidence indeed is the Lord, is blessed."

Scan the QR Code on this Table Talker to learn the verse together.



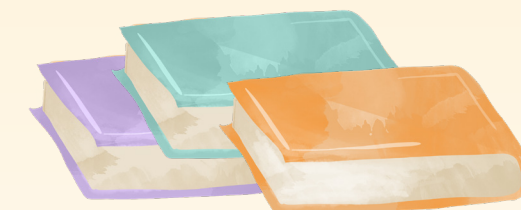
PRAY TOGETHER AS A FAMILY FOR THE NEW SCHOOL YEAR

Take turns praying through a few of these together:

- Thank You for teachers, friends, and the opportunity to learn.
- Give me a curious mind and patience when schoolwork gets hard.
- Help me be a kind friend and include those who feel left out.
- Give me wisdom to make good choices and courage to do what is right.
- Take away my worries and remind me that You are always with me.
- Help me show Your love through my words and actions.
- Help our family stay close, encourage one another, and grow closer to You this school year.



When you think of the word faithful, what or who do you think of? Is there someone in your life who always keeps their word or someone you can trust no matter what? We know that God is faithful and because God is faithful to keep His promises we can trust in what He says and have confidence in our Heavenly Father. Throughout August and September, we are learning about people who were faithful and trusted God through every hard circumstance. Daniel, Jeremiah, Nehemiah, Ezra, Mordecai, and Esther all had to make hard decisions- were they going to be faithful and follow God or were they going to sway with the culture around them. Because their hope was firmly based on the Lord, they were able to make the hard choices and follow God no matter what. Just like in our Bible stories, our decisions in life reflect what's important to us - do we value what the people around us think or do we value what our Heavenly Father says?



Scan here for all of our NMC Kids resources



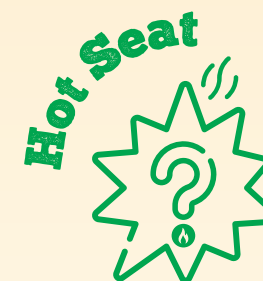
Sign your name & return for a prize!

NORTH METRO CHURCH

kids

Table Talker

AUGUST - SEPTEMBER 2026



Take turns being in the "Hot Seat" while others ask the following questions:

FUN QUESTIONS TO ASK

- What is one high from your day today?
- What is one low from your day today?
- If you could spend one whole day with Jesus doing any activity, what would you choose and why?
- Would you rather have a backpack that could hold anything you wanted or shoes that could take you anywhere in one step?
- A new school year often brings new opportunities. What is one thing you would like to learn or get better at this year?
- Would you rather have to hop everywhere like a kangaroo or walk backward everywhere for a day?
- Jesus calls us to be kind to others. What is one small act of kindness you could do for someone this week?
- Would you rather spend a whole day exploring a giant corn maze or a whole day building the biggest blanket fort ever?
- Would you rather spend a day at a pumpkin patch or an apple orchard?
- God gives each person special gifts. What is something God has made you good at?
- If leaves could be any color in the fall, what color would you want to see covering the trees?
- When you feel nervous about something new, what helps you feel brave and remember that God is with you?





Hey Parents,

This discipleship tool is just for you!
It's our very own: NMC Kids Table Talker!

Our goal with the Table Talker is to equip families to connect around the table intentionally.

We know that life is busy! You're running from school to practice to home and maybe another rehearsal. We hope that you are able to sit down around the table and connect with each other using this tool.

The activities and devotions you'll find in the Table Talker come from the Gospel Project curriculum that we use in the classrooms. That means you can connect what you do at home with what your kids do in the classroom!

But it's not all curriculum; you'll also find silly games, get-to-know-you questions, and family challenges.

First, you'll have to assemble it. No Ikea instructions are needed. Just use the sticky tab! It will create a square that can be placed on your dinner table.

HOT SEAT

Take turns being in the "Hot Seat" while others ask the following questions.

TIME OUT

A short devotion based on the stories of the month. You can also scan the QR code to see what Bible stories your kids are learning on a Sunday morning.

GAME, SET, MATCH

A relationship-building game to encourage laughter!

FAMILY FACE-OFF

An activity for the whole family that goes with the theme of the month.

MIGHTY MEMORY VERSE

Memorize and practice this month's mighty memory verse.

POWER UP

Pray together as a family. Sometimes we'll provide you with specific prayer requests. Sometimes, you get to guide your family through the prayer that you need right now.

Ok, but now that everything is finished...do you just throw it away???

NOOOOOOOO!!!

Then what do you do with it? We're glad you asked. You'll sign your Table Talker once it is finished, return it to the mailbox outside of NMC Kids.

Then, one of the NMC Kids staff will come around to your classroom within a few weeks of you turning it in to let you pick a prize!

Parents, you are the main discipler of your children! We hope that this Table Talker is just the tool you need to take your family relationships to the next level!

Have fun!