

CURIOUS CHRISTMAS

# WHAT IF IT'S TRUE?



2025 Family Christmas Guide





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# 2025

Christmas is full of special traditions - the lights, carols, cookies, and nativity scenes. We love that the Family Christmas Guide has become one of your traditions, too! There is one little problem with traditions, though. Sometimes we can get so wrapped up in the traditions that we forget why we do them. Why do we put lights on our houses? Why do we bake cookies and give them to family and friends? Why do we put up nativities when we decorate our houses? We never want to lose the shock, awe, and wonder that is the Christmas story because, if the Christmas story is true, it changes everything! It changes us!

In the Family Christmas Guide, we will explore the birth of Jesus through a series of questions and answers. Each week leading up to Christmas, we will ask and answer “What if it’s true” questions.

Along the way, you and your family will read Bible passages, complete activities, and, hopefully, allow the truth of Christmas to change everything. In a world that is constantly seeking what is true, we want the next generation to know that the truth is a gift that came in the form of baby Jesus. Open “A Curious Christmas: What If It’s True?” and discover the best gift of all this year.

## Merry Christmas

From, the NMC Kids Team

NORTH METRO CHURCH

kids



# Week One

## WHAT IF IT'S TRUE

# THAT GOD KEEPS HIS PROMISES?

## Read

Today, we'll be learning about prophecies from the Old Testament and where they are fulfilled in the New Testament. Prophecy in the Bible is when God gives a special message to a person (called a prophet) to share with others. Sometimes the message was about what was happening right then, and sometimes it happened in the future.

*You'll find references when the verse is mentioned, along with where it is fulfilled. Please take the time to read the reference aloud so that your child has a sense of where the prophecies are located in the Bible. If you would like a complete list of the references, you'll find it at the bottom of this page.*

## References

### **Genealogy Promises:**

Genesis 12:3 - Fulfilled in Acts 3:25–26  
Genesis 17:19 - Fulfilled in Romans 9:7 and in Jesus' genealogy  
Genesis 28:14 - Fulfilled in Luke 3:34  
Genesis 49:10 - Fulfilled in Luke 3:33  
2 Samuel 7:12–13 - Fulfilled in Matthew 1:1

### **Birth/ Life Promises:**

Isaiah 7:14 - Fulfilled in Luke 1:35  
Hosea 11:1 - Fulfilled in Matthew 2:14–15  
Micah 5:2 - Fulfilled in Matthew 2:4–6  
Psalm 8:5–6 - Fulfilled Hebrews 2:5–9

# Say

Have you ever made a promise to a friend, like promising to share your snack or play with them at recess? Did you keep your promise? Sometimes we forget or can't keep our promises, but God never forgets.

What if God keeps His promises? Every Sunday in NMC Kids, we say, "We help people find and follow Jesus. The good news about Jesus comes from a special book called the Bible. Every promise in the Bible is true, and it happened in this world!" If God really kept all His promises, what would that look like? The good news is that He does! God is faithful and always keeps His promises.

From the very beginning, God promised Abraham that the whole world would be blessed through his family (Genesis 12:3). God kept that promise through Abraham's family: Isaac, Jacob, Judah, and eventually David. God promised David that He would establish a kingdom that would last forever through his descendant. God kept those promises through Jesus - He came from their family line (Luke 3:34)!

God also made promises about Jesus' birth in the Old Testament. The prophet Isaiah said the Savior would be born of a virgin, which He is (Isaiah 7:14; Luke 1:35). Micah said He would be born in Bethlehem (Micah 5:2; Matthew 2:4-6). Hosea said God would call His Son out of Egypt (Hosea 11:1) which He did when Jesus was a little boy (Matthew 2:14-15). The writer of the Psalms even told us that He would be a man on this earth (Psalm 8:5-6). Guess what? Every single one of those promises came true in Jesus! God is a faithful promise keeper. We can trust Him with our lives—because if He kept all those promises before, He will keep His promises to us too!

# Do

Complete the provided activity (see the activity guide) by connecting the Old Testament prophecies to the New Testament fulfillments.

**Hint:** All of the genealogy promises are on the top half, and the prophecies about Jesus' birth are on the bottom half.

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WHAT IF IT'S TRUE?

IT'S TRUE?



Week Two

WHAT IF IT'S TRUE  
THAT GOD IS APPROACHABLE?

Read

Luke 2:8–20

*Read together about the shepherds who were the first  
to hear the good news of Jesus' birth.*





# Say

What's the most surprising or exciting news you've ever gotten? Maybe a trip, a present, or a fun surprise? (Allow everyone to share) On the very first Christmas night, the shepherds got the most surprising and exciting news ever. Jesus had been born! That news reminds us that God is easy to talk to. He came close to us in Jesus. Christmas is the story of God coming close to us.

Think about the shepherds in the fields. They were ordinary people, living simple lives, often overlooked by others. Yet the angels came to them first with the news of Jesus' birth. God didn't send the message only to kings or rich people. He came to ordinary people like you and me.

That shows us something important: **God came for everyone**. He came for the shepherds in the fields, for Zacchaeus up in a tree, and for the children who wanted to sit on Jesus' lap.

There's no "junior" Holy Spirit. Kids don't get a smaller or weaker version of God. He listens to your prayers just as much as He listens to an adult's prayers. God is easy to talk to, no matter who you are or where you come from. He just wants to have a relationship with you and for you to communicate with Him.

Let's think about Zacchaeus, a man who had made some bad choices and wasn't liked by the people around him. He climbed a tree just to see Jesus, and Jesus noticed him. Jesus called him down and went to his house. That simple act of love and attention completely changed Zacchaeus' heart. He promised to do the right thing, give back what he had taken, and follow Jesus.

The same is true for us. God comes to us with love, ready to meet us where we are. It doesn't matter where your story began. God can write a new page every day. That's the heart of Christmas: Jesus was born to come close to us, to love us, and to change our hearts, just like He changed Zacchaeus' heart.

# Do

## Heart-Changing Acts (see the activity guide)

1. Each family member will receive a heart-shaped card on cardstock provided for them.
2. On the heart, write one thing you want Jesus to help change in your heart or help you do better, like being kinder, more patient, or more forgiving.
3. Find a central place in your home (like a wall or Christmas tree) and hang the hearts there. This will be your **Christmas Tree of New Hearts**.
4. Pray together: ask Jesus to help change each heart and thank Him for being easy to talk to and loving.
5. Each week, pick one heart and talk about how you saw Jesus helping you grow in that area.

**Optional:** Do a small act of kindness that week that matches the heart change you wrote down, like helping a sibling, sharing a toy, or writing a thank-you note—just like Zacchaeus chose to show Jesus' love in action.

Week Three

— WHAT IF IT'S TRUE —

THAT GOD IS WITH US? (EMMANUEL)

Read

Matthew 1:18–23

*Read together about the angel telling Joseph that Mary  
would have a son named Jesus, “God with us.”*

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WHAT IF IT'S TRUE?





# Say

Have you ever been afraid of the dark, a thunderstorm, or maybe trying something new?  
(Let everyone share.)

When the angel appeared to Mary, Joseph, and the shepherds, the very first words were: *“Do not be afraid.”* Why? Because God was with them. Christmas is all about the birth of Emmanuel, which means *“God with us.”* Jesus came to Earth so we would never be alone, but it’s even more than that. When we follow Jesus, His Spirit actually lives inside of us. God is not just near us; He’s with us wherever we go.

Let’s think about the shepherds out in the fields. They were ordinary people doing their jobs at night when suddenly the sky filled with angels. They were terrified! But the angel told them: *“Do not be afraid...a Savior has been born.”* The presence of Jesus took away their fear. Did you know there are others in the Bible who were also reminded of the truth that God is with us? God told Moses, “I will be with you” in Exodus 3:11-12. When Joshua had to lead the Israelites into Jericho, God said, “Do not be afraid... for the Lord your God will be with you wherever you go.” Just like God’s presence helped to remove their fear, relying on Jesus can help us overcome our fear, too. We don’t have to fear the dark, new situations, being left out, or even the future, because Emmanuel means God is with us. He is with us at school, at home, at bedtime, at the store, in the car, everywhere!

Christmas is the celebration that this promise came true. Jesus is our Emmanuel. When we trust in Him, His Spirit makes our hearts His home. We’re never, ever alone. This week, every time you feel afraid, whisper to yourself: *“Emmanuel, God is with me.”*  
And every time you feel lonely, remind yourself: *“Emmanuel, God is with me.”*

# Do

## Emmanuel Footprints (see the activity guide)

1. Cut out the provided paper footprints.
2. On the top of each one, write a place you go often (school, home, church, sports, store).
3. On the bottom half of each footprint, write: “God is with me.”
4. Tape them in a path on the floor.
5. Take turns following the path. As you walk over them, say together: “God is with me everywhere I go.”

Week Four

WHAT IF IT'S TRUE  
THAT GOD SAVES US?

Read

Luke 2:10-11

John 3:16

CHRISTMAS

IT'S TRUE?





## Say

What do you look forward to each Christmas? Maybe you look forward to visiting family or putting decorations on your tree. Do you look forward to Christmas Eve church or opening presents? This time of year, there is so much to look forward to, all thanks to the birth of Jesus!

The whole world, whether they know it or not, is celebrating the birth of the Savior. When the angels announced the birth of baby Jesus to the shepherds, they exclaimed, "Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David, a Savior has been born to you; he is the Messiah, the Lord."

The angels announced the birth of the Savior, the one who came to earth to save us from the curse of sin. Jesus is so much more than a good man or a good teacher. He changed the entire world! Jesus told the disciples that He came to find and save the lost. Jesus perfectly showed people love, grace, and mercy, all while calling them to turn away from their sins and follow Him. He never wanted people to settle for an average life. He came to give everyone a full, wonderful life with him!

The good news is that the wonderful life Jesus taught about is available to you! Jesus wants you to be a part of the Kingdom of God. Have you acknowledged Jesus as your Lord and your Savior? If you haven't, why? If you have, how is Jesus changing you? Jesus loves you, and His birth as a baby in a manger was the fulfillment of a promise made long ago, a promise to save you and me.

## Do

Make a special dinner, but don't tell your kids about it! Set the dinner out and blindfold your kids. Before you begin, ask your kids if they trust that you made good food for them to eat. Then, guide them through a set of sensory tasks, such as "What does it smell like?" "Can you hear the dinner?" Give them a small bite and ask what it tastes like. Put a piece of the dinner in their hands and ask them to describe how it feels.

Once the kids have had a chance to experience the dinner, remove their blindfolds. Ask them how it felt to experience dinner without being able to see what was for dinner. Were they scared? Did they trust you? How does this teach you about trusting God? God always provides what is good for us, even when we can't see what He's doing or understand it. Jesus came to give us the greatest good, forgiveness, and life with God forever!



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*Family Christmas Guide is a product of*



We Help People Find & Follow Jesus

[northmetro.org](http://northmetro.org)





Luke 3:31-34

Genesis 17:19 ●



2 Samuel 7:12-13



Genesis 28:14

Genesis 12:3 ●



Isaiah 7:14

Micah 5:2 ●



Genesis 49:10

Hosea 11:1 ●



Psalms 8:5-6

Luke 1:35 ●



Hebrews 2:5-9 ●



Matthew 2:15



Matthew  
2:4-6

## WEEK 1 ACTIVITY

Complete this activity by connecting the Old Testament prophecies to the New Testament fulfillments.

**Hint:** All of the genealogy promises are on the top half, and the prophecies about Jesus' birth are on the bottom half.





Two large, simple heart outlines are positioned on the page. One heart is in the upper left, and the other is in the lower right. They are both drawn with a thick black line.

## WEEK 2 ACTIVITY

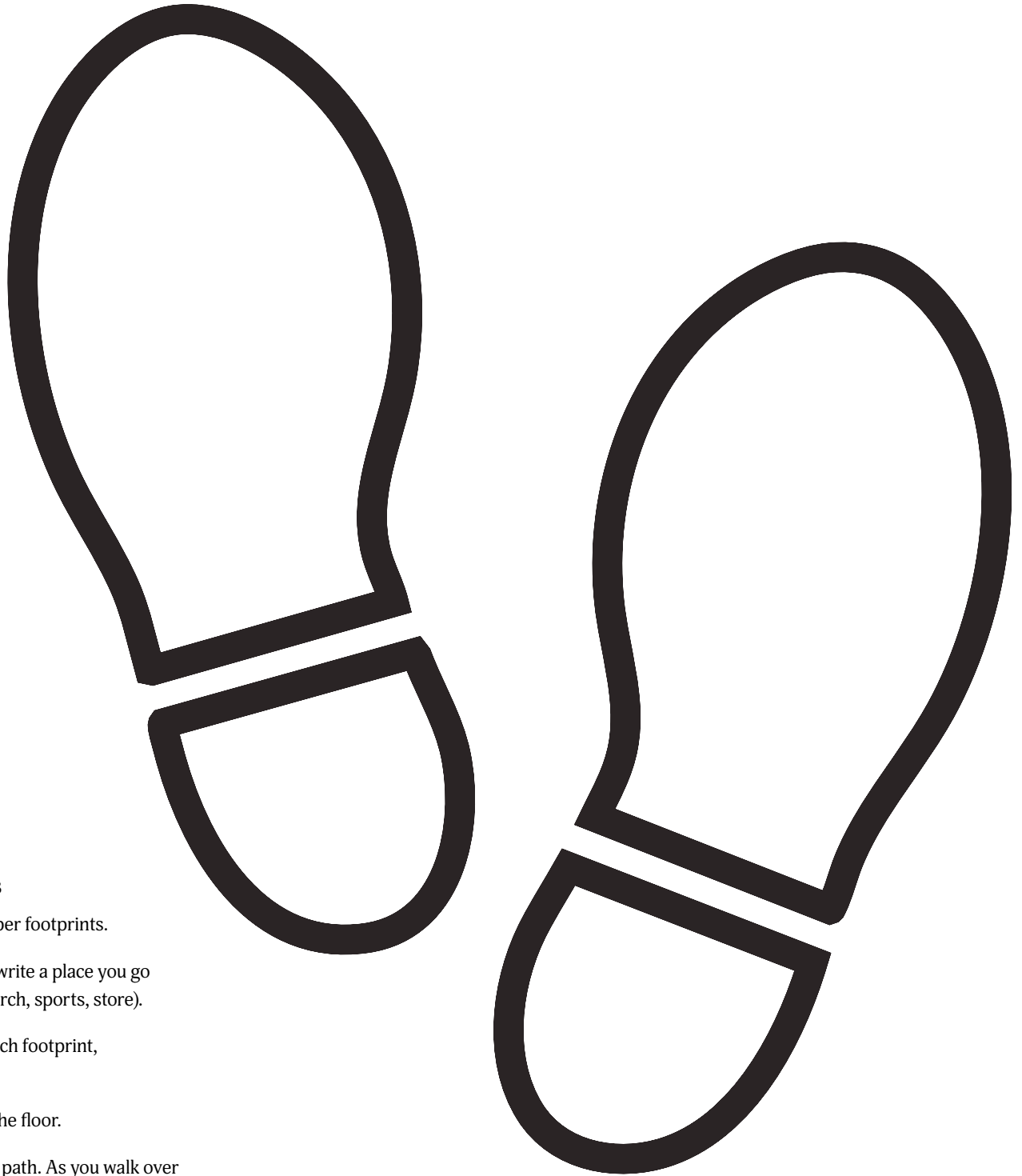
### Heart-Changing Acts

1. Each family member will receive a heart-shaped card on cardstock provided for them.
2. On the heart, write one thing you want Jesus to help change in your heart or help you do better, like being kinder, more patient, or more forgiving.
3. Find a central place in your home (like a wall or Christmas tree) and hang the hearts there. This will be your **Christmas Tree of New Hearts**.
4. Pray together: ask Jesus to help change each heart and thank Him for being easy to talk to and loving.
5. Each week, pick one heart and talk about how you saw Jesus helping you grow in that area.

**Optional:** Do a small act of kindness that week that matches the heart change you wrote down, like helping a sibling, sharing a toy, or writing a thank-you note—just like Zacchaeus chose to show Jesus' love in action.







### **WEEK 3 ACTIVITY**

#### **Emmanuel Footprints**




1. Cut out the provided paper footprints.
2. On the top of each one, write a place you go often (school, home, church, sports, store).
3. On the bottom half of each footprint, write: "God is with me."
4. Tape them in a path on the floor.
5. Take turns following the path. As you walk over them, say together: "God is with me everywhere I go."





# Resources

NMC Kids Website:  
[northmetro.org/ministries/kids](http://northmetro.org/ministries/kids)

NMC Kids on Social:  
Find NMC Kids on:  &   
Find us on  @nmckidsfindfollow

## JOIN US FOR CHRISTMAS AT NMC

**Tuesday, December 23**  
Barrett | 5:00pm and 7:00pm

**Wednesday, December 24**  
Barrett | 11:00am, 1:00pm, 3:00pm, 5:00pm  
Sewell Mill | 3:00pm and 5:00pm

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At the Barrett Campus, NMC Kids will open nursery  
and preschool classrooms for all Christmas Eve services.



