



MY FATHER SELLS

This is a game of memory using the alphabet to create what Father Sells. The first person starts with, "My Father Owns a Store and He Sells (something starting with an A). The next person has to say what the first person said and then add a B word. The game keeps going with each person saying what everyone before them has said and adding the next letter in the alphabet.



CURRICULUM GAME

We're reaching an exciting milestone! This October, we'll officially finish our journey through the Old Testament. To celebrate all the incredible stories and lessons we've learned, keep the conversation going at home with our **Bible Edition of Would You Rather!**

How to Play: Write these questions on slips of paper, place them in a bag or bowl, and take turns drawing and answering.

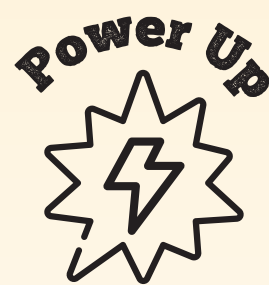
1. Would you rather help Noah build the Ark or help Moses lead the people out of Egypt?
2. Would you rather have dinner with Abraham or King David?
3. Would you rather face Goliath with David or spend a night in the lions' den with Daniel?
4. Would you rather watch God part the Red Sea or see the walls of Jericho fall?
5. Would you rather be with Jonah inside the big fish or walk around the walls of Jericho with Joshua?



JOHN 1:29 (NIV)

The next day John saw Jesus coming toward him and said, "Look, the Lamb of God, who takes away the sin of the world!"

Scan the QR Code on this Table Talker to learn the verse together.



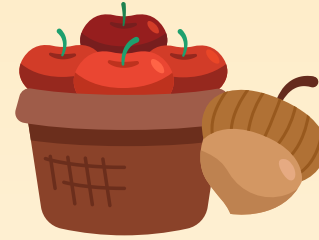
PRAY TOGETHER AS A FAMILY

Pray together as a family following the ACTS model of prayer, making sure to praise God for who He is and all He has done and will do in your family.

- A: (**Adoration**) Lord, we acknowledge that you...
- C: (**Confession**) We confess that we have sinned and need your forgiveness.
- T: (**Thanksgiving**) God, we thank you for...
- S: (**Supplication**) We humbly ask that you...



Time Out



What is sorrow? Sorrow is a deep feeling of sadness when something is wrong or when something hurts. When you hear the word sorrow, what comes to mind? Maybe losing a game, breaking your favorite toy, or disappointing a close friend.

Sometimes we feel sorry because we got caught doing something wrong or because there is a consequence. But true sorrow for sin is different. It means we understand that our sin is wrong and that it hurts our relationship with God.

In Romans 8, Paul reminds us that sin is serious, but he also gives us great hope through Jesus. Sin brings death and separation. Romans 8:6 tells us that when we choose to follow our sinful desires instead of God, it leads us away from Him. Realizing that our sin displeases God should make us truly sorry.

God's Spirit helps us change. We do not have to stay stuck in guilt or sadness! Romans 8:1-2 reminds us that there is no condemnation for those who belong to Jesus. Jesus forgives us and helps us live in a new way. Sorrow can lead us to freedom. When we are truly sorry for our sin, we can turn away from it and turn back to God. This is called repentance. We trust Jesus, who took the punishment for our sins and sets us free.

Because God loves us and sent Jesus for us, our sorrow does not have to be the end of the story. When we repent and trust Jesus, He forgives us and gives us peace.



Scan here for all of our NMC Kids resources



Sign your name & return for a prize!

NORTH METRO CHURCH

kids

Table Talker

OCTOBER - NOVEMBER 2026

Hot Seat



Take turns being in the "Hot Seat" while others ask the following questions:



FUN QUESTIONS TO ASK

- What is one high from your day today?
- What is one low from your day today?
- Did you do anything brave or kind today?
- Would you rather be as small as a ladybug or as big as an elephant?
- What's your favorite thing to do for fun on the weekends? When they were your age, what were your parents' favorite things to do for fun on the weekends? What about your grandparents?
- Would you rather have a house with a slide staircase or a house with a secret passageway?
- What's a memory that makes you happy?
- What would life be like if you had eight arms like an octopus?
- If you were given permission to make the biggest mess ever, what would you do?
- If you could choose one of your toys to come to life, which one would you pick? Why?
- Would you rather explore the bottom of the ocean or the deepest reaches of outer space?
- If you had to give one up, would you rather give up screen time or candy? Why?





Hey Parents,

This discipleship tool is just for you!
It's our very own: NMC Kids Table Talker!

Our goal with the Table Talker is to equip families to connect around the table intentionally.

We know that life is busy! You're running from school to practice to home and maybe another rehearsal. We hope that you are able to sit down around the table and connect with each other using this tool.

The activities and devotions you'll find in the Table Talker come from the Gospel Project curriculum that we use in the classrooms. That means you can connect what you do at home with what your kids do in the classroom!

But it's not all curriculum; you'll also find silly games, get-to-know-you questions, and family challenges.

First, you'll have to assemble it. No Ikea instructions are needed. Just use the sticky tab! It will create a square that can be placed on your dinner table.

HOT SEAT

Take turns being in the "Hot Seat" while others ask the following questions.

TIME OUT

A short devotion based on the stories of the month. You can also scan the QR code to see what Bible stories your kids are learning on a Sunday morning.

GAME, SET, MATCH

A relationship-building game to encourage laughter!

FAMILY FACE-OFF

An activity for the whole family that goes with the theme of the month.

MIGHTY MEMORY VERSE

Memorize and practice this month's mighty memory verse.

POWER UP

Pray together as a family. Sometimes we'll provide you with specific prayer requests. Sometimes, you get to guide your family through the prayer that you need right now.

Ok, but now that everything is finished...do you just throw it away???

NOOOOOOOO!!!

Then what do you do with it? We're glad you asked. You'll sign your Table Talker once it is finished, return it to the mailbox outside of NMC Kids.

Then, one of the NMC Kids staff will come around to your classroom within a few weeks of you turning it in to let you pick a prize!

Parents, you are the main discipler of your children! We hope that this Table Talker is just the tool you need to take your family relationships to the next level!

Have fun!