

*September 1, 2019*

# NORTH METRO CHURCH

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## NMC SERMON SERIES CONTENT



### **“After Further Review” SERIES OVERVIEW:**

This is a 5 week series called “After Further Review”, where we will examine Jesus’ most famous sermon and evaluate our own responses along the way. We often find ourselves moving through life with priorities out of order, direction blurred, and assumptions about how life should turn out. Jesus was the master at challenging his disciples to live with a fresh start and a new focus. The Sermon on the Mount stands as a message that is countercultural to the world—a message where losing becomes our gain, weakness becomes our strength, love becomes our currency, and people become our investment. As followers of Jesus, how are we each doing in these areas? Think about the journey of faith like a football game...how many times would a referee look at our lives and throw out a yellow flag? Stay tuned...

# "AFTER FURTHER REVIEW" WEEK 5



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## **Icebreaker:**

How has the start to this new season (school year, etc) been for you / your family? Any highlights / challenges?

## **Discussion Questions:**

### **Read Matthew 6:25-34.**

The definition of the word "anxious" (or worry) in this passage is a combination of two smaller words. It means, "to divide the mind." How does worry divide the mind?

How have you felt, "divided," by worry and anxiety?

Where do you think worry and anxiety stem from?

How do you normally respond to worry and anxiety? Any tried and true methods?

Do you feel like it's easy to relinquish control and trust things to God, or is that a battle for you?

Verse 25 starts with "Therefore." This means He was drawing a conclusion to what He had spoken earlier. What was He just talking about and how does it lead in and apply to what He says in verses 25-34?

Why do you think Jesus says in verse 30, "Oh you of little faith?" How is faith related to worry? In verses 25-32, Jesus builds a case for not worrying. What examples does He offer to help drive home the point and why does He use examples like these?

Is Jesus promising an easy life in this passage? What is He promising?

Does "don't worry" mean "don't plan?" What does God expect of us then?

If God provides, why are there so many people in need around the world? How do we explain starvation and extreme poverty, especially to Christians?

Have you ever felt the need to seek help for chronic or debilitating worry and anxiety?

What are some things you can do to, "exist and enjoy," more of the good God has placed in your life?

In what ways can you, "seek the Kingdom of God?" What are some ways you can commit yourself to following and living out the way of Jesus?

What do you need to let go of? What do you need to let the Lord carry?

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