## NORTH METRO CHURCH

#### NMC SERMON SERIES CONTENT



### "Dependent" SERIES OVERVIEW:

This four-week series covers four different psalms expressing thankfulness, gratitude, and a postured heart toward God and his faithful actions toward his people. A thankful heart is always a dependent heart. How do we continue to thank God in the midst of dry seasons?

# "DEPENDENT" WEEK 2



#### Icebreaker:

What are you looking forward to the most as we head into the Thanksgiving season?

#### **Discussion Questions:**

While in the midst of great difficulty David's thoughts turn to previous times of trouble in which God heard his cry and delivered him. These times of deliverance have reinforced the truth for David that "the man who makes the Lord his trust" is blessed.

#### Read Psalm 40:1-5

- When faced with great trouble, what did David first reflect on? Do you find yourself following David's example? Why or why not?
- Do you find it difficult to wait on the Lord as David did?
- In what areas of life are you currently waiting on the Lord?
- Has there been a time in your life in which you cried out to the Lord and he delivered you from a troubling situation?
- David said at the time of his deliverance that God put a new song in his mouth. Do you believe singing is an important part of the Christian life? Why or why not?
- How did those who witnesses God's deliverance of David respond? What implications does this have on how we relate to unbelievers?

#### Psalms 40:6-8.

- What did David do with Gods word? How about you? What's your daily practice and use of God's Word? In what ways can you hide it in your heart?
- What's the relationship David makes between delighting in God's will and putting his law in his heart? What are the implications of this for our lives?

#### Read Psalm 40:11-17.

- What do we learn about sin and its consequences in these verses? Have you experienced this truth in your life? If so, please share with the group.
- How do these verses give us a clear picture of our ultimate deliverance in Christ? (see verses 16-17)
- How many times is the word "Lord" used in this passage? In light of the context why is this important? In light of his current situation what does this reveal about David?
- How many verses in the psalm speak about praising God and telling of the "glad news of deliverance in the great congregation"? Spend the remaining portion of your time together praising God for the mercy He has lavished on you in salvation.

What other questions do you have?

What actions steps are you thinking through from your discussion? How can the community around you help you?