

November 17, 2019

NORTH METRO CHURCH

NMC SERMON SERIES CONTENT



“Dependent” SERIES OVERVIEW:

This four-week series covers four different psalms expressing thankfulness, gratitude, and a postured heart toward God and his faithful actions toward his people. A thankful heart is always a dependent heart. How do we continue to thank God in the midst of dry seasons?

"DEPENDENT"

WEEK 3



Icebreaker:

If you could create an all-time mix tape or spotify playlist, what songs would you put on it and why?

Discussion Questions:

What emotions and memories do the holiday seasons bring upon you?

Read Psalms 69:1-18

Have you ever felt the range of emotions that David felt in this Psalm? What did you do to regain composure and perspective?

According to verses 3 and 10, what is David doing / trying to help regain his composure and perspective?

What is fasting?

What, if anything, has been your experience with fasting?

Read some of the following examples of fasting throughout Scripture:

Judges 20:26-28

1 Samuel 1:7-8, 20

1 Kings 19:8-11

Esther 4:16

Matthew 4:1-11

Acts 13:1-3

Why does it seem as though God is moved to action when His people pray and fast?

What would be your response to the following statement:

"Prayer and Fasting are not magic tricks, but magical things happen when we pray and fast."

Do you have any examples to share of "magical things" happening as a result of you praying and fasting?

What do the following verses from Psalms teach about God hearing the cries of His people?

Psalms 6:8, 18:8, 34:4,6,15 & 17, 55:17 and 116:1

Since God hears and responds to His people, what do you need to say to Him?

Looking back at this week's teaching and study, is there one thing you'd especially like to remember this week?

What questions do you still have?