

*August 22, 2021*

# NORTH METRO CHURCH

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## NMC SERMON SERIES CONTENT



### A I R P L A N E M O D E

PRACTICING SPIRITUAL DISCIPLINES

## **“Airplane Mode” series overview:**

This series uncovers some of the heaviest baggage we carry and invites us to exchange it for the peace Jesus offers. We learn that our luggage is often filled with emotions we might be unaware we feel, but God invites us to release the burdens and trust him to restore our brokenness and help us experience the freedom he offers.

# “AIRPLANE MODE”, WEEK 3

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## Discussion Questions:

**Ice Breaker:** I have a question for you—and we aren’t looking for spiritual answers here—What is something in which you take Great Delight? What is it about that thing which is so great? What adjectives words would you use to describe you when you get that thing?

### Read Psalms 1:1-3.

What does it mean to be “blessed”? What are some other words that could be used to describe the blessed man in Psalm 1?

How does a person “delight” in the Law of the Lord?

What does it mean to meditate on God’s Law?

What benefits have you found from spending time in God’s Word or hearing God’s Word being taught?

What illustration does the Psalmist use to describe the blessed man?

What are the attributes that the Psalmist ascribes to the tree? Where is it planted? What does it yield? What is unique about its leaves?

What is the conclusion about the blessed man who makes God's Law a priority? Psalm 1:3.

Is it really true that the blessed man prospers in all that he does?

Think back to our Ice Breaker...Do you think it is possible to get to the point of delighting in God's Word as much as we delight in those other things? Why or Why Not?

How can you apply what you have learned from this discussion into to your life today?

How can the group pray for you?