September 5, 2021

NORTH METRO CHURCH

NMC SERMON SERIES CONTENT



FEROCIOUSLY Fighting Fear

"Ferociously Fighting Fear"

This is a stand alone message by our friend and guest speaker Kenn Kington.

"FEROCIOUSLY FIGHTING FEAR"



Share about a time when you were afraid? What was the circumstances and what happened?

What stood out to you this week from Kenn's message?

What do you fear and how does it affect the way you live? Does it lead to anger, worry, anxiety, or attempts to control others?

Can fear of failure be paralyzing and motivating? Why or why not?

Living in fear keeps us from experiencing our God-given potential. Agree or disagree and why?

Was there a time when you were fearful of the future and acted out on that fear (i.e., leading to anxiety, etc.)? What happened?

Knowing God and His Word allows us to face our fears with faith. Why? How can you do this in practical ways?

The Bible has 365 "Fear Not's" in the Bible. What strikes you when you hear and recognize that there is 1 Fear Not Bible verse for everyday of the week?

Take a minute to list a few scriptures you can think on when you begin to feel fear creeping in. What are practical ways we can trust God with our future? (Read through some of the verses listed below).

Kenn said that part of Ferociously Fighting Fear is done through: Acknowledging Circumstances, Acknowledging my Weaknesses' and Acknowledging God. What did he mean with each of those points and how are they helpful?

What step do you need to take this week to deal with your fears? How can this group help you in this journey?

<u>Psalms 27:1</u> The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

Isaiah 35:4 Say to those who have an anxious heart,"Be strong; fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you."

Proverbs 3:7 Be not wise in your own eyes; fear the Lord, and turn away from evil.

Psalms 86:11 Teach me your way, O Lord, that I may walk in your truth; unite my heart to fear your name.

<u>Matthew 10:28</u> And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell.

Psalms 111:10 The fear of the Lord is the beginning of wisdom; all those who practice it have a good understanding.

Proverbs 19:23 The fear of the Lord leads to life, and whoever has it rests satisfied; he will not be visited by harm.

Joshua 1:9 Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.