

October 17, 2021

NORTH METRO CHURCH

NMC SERMON SERIES CONTENT



into·me·see

A journey through Song of Solomon

“Into Me See” SERIES OVERVIEW:

Most people are looking for love. Most people are looking for companionship. It's why we date. It's why we marry. But what we are all craving within the depths of our spirit is intimacy.

A closeness to and with someone. Intimacy can be described as Into Me See. Being vulnerable and courageous enough to invite someone else to really see you...to really know you...the real you. And for that invitation to be reciprocated. In this new series entitled Into Me See, we will be diving into the OT book known as The Song of Solomon to glean from the poetic story of one couples journey into intimacy.

THE BOOK OF SONG OF SOLOMON

Author: Solomon wrote Song of Solomon, according to the first verse. This song is one of 1,005 that Solomon wrote ([1 Kings 4:32](#)). The title “Song of Songs” is a superlative, meaning this is the best one.

Date of Writing: Solomon most likely wrote this song during the early part of his reign. This would place the date of composition around 965 B.C.

Purpose of Writing: The Song of Solomon is a lyric poem written to extol the virtues of love between a husband and his wife. The poem clearly presents marriage as God’s design. A man and woman are to live together within the context of marriage, loving each other spiritually, emotionally, and physically.

This book combats two extremes: asceticism (the denial of all pleasure) and hedonism (the pursuit of only pleasure). The marriage profiled in Song of Solomon is a model of care, commitment, and delight.

Key Verses:

Song of Solomon 2:7; 3:5; 8:4 - “Do not arouse or awaken love until it so desires.”

Song of Solomon 5:1 - “Eat, O friends, and drink; drink your fill, O lovers.”

Song of Solomon 8:6-7 - “Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame. Many waters cannot quench love; rivers cannot wash it away. If one were to give all the wealth of his house for love, it would be utterly scorned.”

Brief Summary: The poetry takes the form of a dialogue between a husband (the king) and his wife (the Shulamite). We can divide the book into three sections: the courtship (1:1 - 3:5); the wedding (3:6 - 5:1); and the maturing marriage (5:2 - 8:14).

The song begins before the wedding, as the bride-to-be longs to be with her betrothed, and she looks forward to his intimate caresses. However, she advises letting love develop naturally, in its own time. The king praises the Shulamite’s beauty, overcoming her feelings of insecurity about her appearance. The Shulamite has a dream in which she loses Solomon and searches throughout the city for him. With the help of the city guards, she finds her beloved and clings to him, taking him to a safe place. Upon waking, she repeats her injunction not to force love.

On the wedding night, the husband again praises the beauty of his wife, and in highly symbolic language, the wife invites her spouse to partake of all she has to offer. They make love, and God blesses their union.

As the marriage matures, the husband and wife go through a difficult time, symbolized in another dream. In this second dream, the Shulamite rebuffs her husband, and he leaves. Overcome with guilt, she searches the city for him; but this time, instead of helping her, the guards beat her—symbolic of her pained conscience. Things end happily as the lovers reunite and are reconciled.

As the song ends, both the husband and wife are confident and secure in their love, they sing of the lasting nature of true love, and they yearn to be in each other’s presence.

Foreshadowings: Some Bible interpreters see in Song of Solomon an exact symbolic representation of Christ and His church. Christ is seen as the king, while the church is represented by the Shulamite. While we believe the book should be understood literally as a depiction of marriage, there are some elements that foreshadow the Church and her relationship with her king, the Lord Jesus. [Song of Solomon 2:4](#) describes the experience of every believer who is sought and bought by the Lord Jesus. We are in a place of great spiritual wealth and are covered by His love. Verse 16 of chapter 2 says, “My beloved is mine, and I am his. He feeds his flock among the lilies” (NKJV). Here is a picture of not only the security of the believer in Christ ([John 10:28-29](#)), but of the Good Shepherd who knows His sheep—believers—and lays down His life for us ([John 10:11](#)). Because of Him, we are no longer stained by sin, having had our “spots” removed by His blood ([Song of Solomon 4:7](#); [Ephesians 5:27](#)).

Practical Application: Our world is confused about marriage. The prevalence of divorce and modern attempts to redefine marriage stand in glaring contrast to Solomon’s Song. Marriage, says the biblical poet, is to be celebrated, enjoyed, and revered. This book provides some practical guidelines for strengthening our marriages:

- 1) Give your spouse the attention he or she needs. Take the time to truly know your spouse.
- 2) Encouragement and praise, not criticism, are vital to a successful relationship.
- 3) Enjoy each other. Plan some getaways. Be creative, even playful, with each other. Delight in God’s gift of married love.
- 4) Do whatever is necessary to reassure your commitment to your spouse. Renew your vows; work through problems and do not consider divorce as a solution. God intends for you both to live in a deeply peaceful, secure love.

Taken from:

<https://www.gotquestions.org/Song-of-Solomon.html>

Video Overview of the book of Song of Solomon:

<https://bibleproject.com/explore/video/song-songs/>

"INTO ME SEE" WEEK 6

Discussion Questions:

Icebreaker:

NMC created a Mad Lib over Song of Solomon 6:13-7:9.

Take a moment as a group to complete the Mad Lib that can be found at:

<https://www.northmetro.org/userdownloads/20211011-Into-Me-See-Mad-Libs-Card-FINAL-PRESS.pdf>

Read Song of Solomon 6:13-7:9.

No matter the size of the bonfire, left unattended it will burn out. A fire needs fuel. Once the adrenaline, mystery, and infatuation runs out, what fuel will sustain your love? God never intended years of marriage to pour water on the flames of romance. In fact, rather than dampen, He intended romance to deepen in as the years pass.

What can hinder romance in a marriage?

What has been some of the best advice you have ever received when it comes to throwing a log onto the fire of your romance with your spouse? Share some examples and how this has helped your relationship with your spouse.

What do you think it takes to have healthy and vibrant intimacy with your spouse?

The Hebrew language has three words for love: *raya* (friendship), *ahava* (love of the will), and *dod* (intermingling of souls). Together, they describe the progressive growth of love and intimacy in marriage.

- List some practical ways you can grow in *raya* (friendship) with your spouse. Be specific and creative.
- Growth in *ahava* (love of the will) is an exercise in giving grace. How can you show greater grace towards your spouse's faults? Be specific and generous.
- *Dod* (intermingling of souls) rejoices in the other, affirming strengths and abolishing insecurities. What are ways you can create a habit of affirmation and rejoicing in your spouse?

Throughout the book, we notice the husband often communicate appreciation to his wife. What principles can we draw from this as it relates to deepening romance?

Romance needs 'emotional nourishment'. What you feed your spouse is likely to be what you are fed in return. What are ways you can help your spouse understand your emotional cravings?

Proverbs 31:31 says, “give her the fruit of her hands.” He means that wives should be praised by their husbands. Wives, what are some ways you like to be affirmed by your husband? Husbands, what are some ways you like to be affirmed by your wife?

One way to deepen romance is to acknowledge the best in your spouse. Right now, look at your spouse and say a few things that you deeply appreciate about him or her.

The following aspects of marital love have been pointed to as important themes of the Song of Solomon. In 6:13-7:9, in what ways, if any, do you see these aspects of marital love reflected?

- Giving of self:
- Desire:
- Delight in each other:
- Commitment:
- Marriage as a reflection of God’s love:

How has your study in chapter 6 & 7 of the Song of Solomon affected your perspective on the passion of married love?

Looking back at this week’s teaching and study, is there one thing you’d especially like to remember this week?