

July 11, 2021

NORTH METRO CHURCH

NMC SERMON SERIES CONTENT



“Summer Baggage” series overview:

This series uncovers some of the heaviest baggage we carry and invites us to exchange it for the peace Jesus offers. We learn that our luggage is often filled with emotions we might be unaware we feel, but God invites us to release the burdens and trust him to restore our brokenness and help us experience the freedom he offers.

"SUMMER BAGGAGE", WEEK 2



Discussion Questions:

Icebreaker: What is your favorite thing about summer?

Read Proverbs 14:30, 1 Corinthians 13:4-7, James 3:16 and Galatians 5:19-26.

What do these verses have to say about jealousy?

Why / how is jealousy so destructive?

Rob submitted that jealousy is one of the hardest heart issues to admit. Why do you think jealousy is so hard for people to admit?

In what areas are you most inclined to be jealousy of others?

What currently triggers the strongest feelings of jealousy for you? Is it social media, work, family, or something else? Explain.

Are you competing internally with anyone (e.g., a parent, sibling, or friend)? How is that jealousy affecting you and your relationships?

How does comparing ourselves to others keep us from loving others the way God intends for us to love others?

Rob said that "every moment spent wishing you had someone else's life is a moment spent wasting yours." What can you do to help you appreciate what you have more?

In an effort to decrease jealousy, who is someone you can celebrate, congratulate, or thank? How could doing that help?

What actions steps do you need to take? How can we pray for you?