

*July 18, 2021*

# NORTH METRO CHURCH

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## NMC SERMON SERIES CONTENT



### **“Summer Baggage” series overview:**

This series uncovers some of the heaviest baggage we carry and invites us to exchange it for the peace Jesus offers. We learn that our luggage is often filled with emotions we might be unaware we feel, but God invites us to release the burdens and trust him to restore our brokenness and help us experience the freedom he offers.

# "SUMMER BAGGAGE", WEEK 3

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## Discussion Questions:

**Icebreaker:** If money was not an issue and you could travel anywhere in the world, where would you go (and why)?

### Read Proverbs 4:23.

What is the command to follow in this Proverb and why are we commanded to do this?

What does it look to guard your heart? How do you do this?

How would you describe your relationship with forgiveness?

### Read Matthew 6:12-15, Ephesians 4:31-32, Matthew 18:21-35.

What observations do you make from these verses?

What is hard and what is encouraging about these verses?

What is something that people do that frequently causes you to become frustrated with them?

Why is Jesus so concerned with you forgiving those who have hurt you?

How can our un-forgiveness affect our relationship with God? With others?

What life opportunities could un-forgiveness be preventing you from fully experiencing or enjoying?

Share about a time when someone forgave you. How can you extend that kind of forgiveness to others?

Forgiveness isn't fair and isn't restoring the relationship, but it does mean giving others what God has given us. What are some ways you can forgive and still set boundaries?

Who do you need to forgive? What's your action plan?

What actions steps do you need to take? How can we pray for you?