

May 12, 2019

LIFEGROUP



GROUPS GUIDE

T H E

V O W

WE HELP PEOPLE FIND & FOLLOW JESUS

Leadership Moment:

**For the next few weeks, the Leadership Moment will be articles that address common "Group Issues" that Leaders must help navigate their group through.*

"When Group Attendance is Spotty: How to make the most of low attendance and draw people back to your group" By Sam O'Neal

Fresh out of college, my wife and I accepted a part-time position at our local church to launch and organize a new ministry for young adults. It was a fun ride, but my wife and I quickly learned one important fact about the young adults in our community: they didn't regularly attend church activities.

My wife and I used a small group to launch the ministry, and we had several singles and couples who were interested and began attending—sometimes. One week, we could have as many as 18 or 20 young adults bursting the seams of our living room. The next week, we might have 3 or 4. Attendance shifted wildly from meeting to meeting without notice, and seemingly without cause.

This was pretty frustrating at first. We put a lot of effort into hosting our group gatherings—especially my wife. She took pride in preparing homemade snacks and treats for everyone who showed up. In a week we could go from scrambling to find extra chairs and extra food to desperately offering mounds of uneaten guacamole to everyone as they left.

To be honest, we felt more than a little bitterness in those early days. *Didn't our group members know how hard we worked?* We wondered if we were doing something wrong when almost nobody showed up. worried that people refused to show up because they'd had a negative experience the week before.

Eventually, we learned that sporadic attendance was simply part of young-adult ministry. It was a cultural quirk that didn't reflect on our performance as group leaders. Still, we learned a few tricks during those years about ministering effectively in the face of sporadic attendance.

Take Advantage of Low Attendance

It may sound strange, but spotty attendance can provide a lot of interesting ministry opportunities within your group. When you think about it, there are some things you can do with a group of 4–6 that you can't do with a group of 8 or more. For example, low-attendance gatherings are a great time to pull the plug on your own agenda and open the floor for questions. People are often more comfortable asking deeper-level questions in a smaller group than in a group with lots of people—the same is true when it comes to asking questions that reveal doubt or uncertainty about key doctrines.

In other words, a group gathering where only a few people show up is a great time to concentrate specifically on those people and see how they would like to go deeper. The key is shifting the focus away from your plan and on to your group members.

In fact, there were several times when my wife and I scrapped our meeting agenda altogether when only one or two group members showed up. When that happened, we shifted from a traditional small-group gathering to a purely social event—a time to hang out with a couple of people and get to know them better as individuals. We learned a lot about our group members' stories during those meetings, and they learned a lot more about ours.

Here are some additional ideas for taking advantage of a low-attendance group meeting:

- **Play some games.** Having fun is a great way to knock down relational barriers and strengthen connections. So don't feel guilty about breaking out your favorite board games and having some good ol' fashioned fun with your group members.

•**Share your stories.** As I mentioned above, people may be more willing to open up and be vulnerable in a smaller group. So don't be afraid to ask some questions that encourage people to share their stories. "How did the two of you meet?" "When did you first become interested in following Jesus?" "What has God been teaching you these last few years?" Of course, if you choose to ask these kinds of questions, you need to be prepared (and willing) to answer them as well.

•**Go out.** Another way to help people open up and feel more comfortable is to leave the place where you have "official" group meetings and reconvene at a coffee shop or restaurant, instead. Relocating to a more social environment is a great way to help smaller groups of people feel more social.

•**Continue as normal.** I don't want to give the impression that you always have to drastically change your plans whenever several people skip a gathering. It's perfectly acceptable to carry on as normal with your regularly scheduled meeting.

Push for Consistency

Having a lower-attendance group meeting every now and then is no cause for a concern. But if your group suffers from sporadic attendance over a longer period of time—say, several months—you may want to make some changes to seek a more consistent level of participation.

One way to do this is to openly and clearly communicate your expectations. I've known many people who viewed attendance as purely optional each week, simply because they were never told otherwise. If they had a bad hair day or wanted to watch a football game, they felt no qualms about skipping. They were never told that consistent attendance is an important element of belonging to a group.

So take a few minutes to think through your expectations. What do you expect from your group members in terms of attendance? What kind of boundaries do you want to set, if any, and how strictly are you willing to enforce those boundaries?

I have been part of small groups where regular participation wasn't just expected—it was required in order to remain a member of the group. If you had to miss a gathering, you were expected to alert the group leader in advance. I didn't mind these strict boundaries because they were communicated upfront, and everyone knew about them.

Remember this as you contemplate boundaries and expectations for your own group: When you set up strict boundaries for group attendance, you will have fewer group members, but they'll attend regularly. When you have loose or non-existent boundaries, you will have more group members, but they'll attend sporadically. You need to find your own happy medium. But once you decide, communicate clearly what you expect and why.

Remind group members about your next meeting by contacting them through social media or sending a text the day of your gather. Then reach out to group members who don't attend regularly. Send notes, texts, or e-mails to let them know you missed them at your last gathering. Sure, this may seem overly aggressive to a few group members who don't like being bothered. More often, however, these notes or phone calls will help people understand that you care about them and enjoy their presence in your group.

Finally, don't be afraid to have personal conversations with group members who have trouble attending on a consistent basis. Don't beat around the bush. Be honest and upfront: "We really enjoy having you in our group, but I've noticed you come to only half our gatherings each month. Is there anything we can do to make things more comfortable for you?" You're not being overly aggressive or pushy by initiating these kinds of conversations. You're being a leader. You're also showing your group members that you value their company, and that consistent attendance is an important element for spiritual growth and connection within a community.

Discuss

1. When have you experienced spotty attendance? How did you respond?
2. The next time you have low attendance, how might you alter the meeting to make the most of it?
3. Who in your group might need a personal conversation about their attendance? How might you initiate one?

THE VOW, WEEK 3



Series overview for “The Vow.”

Wedding vows are more than a declaration of love—they hold the keys to a strong, lasting marriage. Whether you hope to get married someday or you’ve already tied the knot, discover what The Vow and specifically the vows of Priority, Pursuit, Partnership and Purity can mean for the future.

Icebreaker Question:

What’s something crazy you’ve done for love?

If you are married, take a walk down memory lane and share what it was like pursuing your spouse before you got engaged / married. What did you do to pursue you spouse before you were married?

LifeGroup Discussion Questions: **Don’t feel like you have to get through all the questions below. We create and give you more than you need to ensure that you have all that you need. Feel free to add / takeaway based on the needs of your group.*

What was your biggest takeaway from this week’s message? What questions do you still have?

Read Genesis 2:24, Psalm 63:8, Job 41:17, John 3:16

In what ways do these verses remind you of your need to continually pursue your spouse? In what ways do they remind you of God’s continual pursuit of you?

Is there ever a gap between your intentions and actions. Share a story of how you overcome this.

Talk about the reality of the following statement: “Marriage only works when you work at it” and discuss what does it mean to “work” at your marriage?

Some practical steps to help marriages work on their marriages from this message were:

- Pursue your spouse how they like to be pursued.
- Pursue your spouse even when you don't feel like it.
- Encourage your spouse daily.
- Date your spouse weekly.
- Escape with your spouse annually.

How would the implementation of these steps bless a marriage? How can your group help you take these steps?

What makes you feel pursued? How does this impact the way you pursue others?

Read James 4:17. What is some good you ought to do to pursue a godly marriage? Is anything holding you back?

Rob landed his message on this statement: "If you want what you once had, you have to do what you once did." How could you put this into action right away?

Action Steps:

Start each day this week memorizing James 4:17.

If you're married, ask your spouse today what makes them feel loved, then do it.

Additional Resources:

Books:

- The Five Love Languages / Gary Chapman
- The Road Back to You / Ian Morgan Cron

Links:

- Enneagram on-line test: www.enneagraminstitute.com

WHAT'S AHEAD:

Discussion Guides On the Web: You can now access the Sermon Content for your group on the NMC webpage. To access, click on the "Watch Messages" tab on the home page and under each message will be a button to click for Discussion Guides. These guides will be published to webpage by Tuesday after the message was taught.

Sermon Series Schedule: So you can plan ahead as to what content best fits your group, here is a heads up as to the sermon content schedule from now until the summer.

- After The Vow series, we will be back in James until mid-June.
- In late June, we will begin our "At the Movies" summer series.