



Frequently Asked Questions

Do we have to be engaged to go through re|new?

No. We encourage those that are in a new relationship, and are seriously considering marriage and engaged couples to participate in re|new. Re|new helps prepare couples for a second marriage by addressing common challenges from a biblical perspective in a fun and authentic environment.

Do we have to attend North Metro Church to participate?

We do ask that one member of the couple who calls North Metro Church their church home are encouraged to participate.

Where do we meet and for how long?

Re|new is a nine-week course. You will meet one-on-one with a mentor couple most often at North Metro Church for a two-hour period.

Who are the mentor couples?

Our mentors are trained tablesetters that have been through a second marriage themselves and demonstrate maturity in their relationship with God and wisdom in their marriage.

What curriculum do you use?

We use the curriculum Saving Your Second Marriage Before It Starts written by Dr. Les and Leslie Parrott. Couples will work through the workbook together. You will learn to communicate and listen more effectively, navigate the complexities of blending families, and build a foundation for a lifelong love that honors Christ. We also utilize the SYSMBIS assessment, an online tool that assesses a couple's strength and growth areas.

How much does re|new cost?

The \$50 registration fee includes two books, two workbooks, and the SYSMBIS assessment.

How many sessions are there, and how long are they?

There are nine sessions, and the sessions can last at least 2 hours and maybe a bit longer, depending on the needs of the couples participating.